VENTURA COUNTY AREA AGENCY ON AGING ADVISORY COUNCIL MEETING

January 9, 2019
9:00 a.m. to 10:30 am
Area Agency on Aging Advisory Council Center
646 County Square Drive, Ventura

VCAAA Advisory Council Role - To provide leadership, input, and advocacy as facilitators between VCAAA and the community, in support of VCAAA’s mission.

VCAAA Role – VCAAA is the responsible agency to seek, serve, administer and manage available funding to ensure resources are allocated to serve Ventura County, creating integrated community based services where older adults and people with disabilities can age in their community with dignity and respect.

AGENDA

9:00 a.m. 1. Call to Order and Agenda Review Toni Olson
2. Pledge of Allegiance Toni Olson
3. Approval of Area Agency on Aging Advisory Council Minutes of November 14, 2018 Toni Olson
4. Public Comments

Procedure: The public is welcome to comment. All comments not related to items on the agenda may be made at the beginning of the meeting only. Comments are limited to three minutes per person.

5. Consent Agenda Items Toni Olson
5.1 Health, Housing and Transportation Committee Report from November 14, 2018

DISCUSSION ITEMS/PRESENTATION/MOTION

6.1 VCAAA Website and Discussion about Demographics Marleen Canniff
6.2 Planning and Allocation Committee Report and Recommendation for the Use of FY 2018-2019 One Time Only Money and Unallocated Baseline Funds; Recommendation Regarding Requests for Proposals for FY 2019-2021. Note- Materials will be made available 01/08/2019 Toni Olson
6.3 VCAAA Outreach – PIO Update Jannette Jauregui
6.4 Legislative Update Victoria Jump
6.5 Dementia Friendly Ventura County Update and Administration for Community Living Alzheimer's Grant

Victoria Jump

INFORMATIONAL ITEMS

7. Advisory Council Meeting Schedule for FY 2018-2019

Victoria Jump

8. Advisory Council Committee Membership

Victoria Jump

9. Other Committee Meetings:
   a. VCAA Foundation Update
   b. CSL Update
   c. TACC Update

Marcy Sherbok
Tony Gitt
Karen Gorback
Toni Olson

10. Comments from the Chair

Toni Olson

11. Other Business

Toni Olson

11:00 am 12. Adjournment

Toni Olson

Note the following committees will meet following the Advisory Council meeting:
- Housing and Transportation Committee
- Health and Nutrition Committee

The next meeting will be:
Wednesday, March 13, 2019 (9:00 am – 11:00 am)
Area Agency on Aging Advisory Council Center
646 County Square Drive, Ventura

Individuals who require accommodations for their disabilities (including interpreters and alternate formats) are requested to contact the Area Agency on Aging staff at (805) 477-7300 at least three days prior to the meeting.
VENTURA COUNTY AREA AGENCY ON AGING
ADVISORY COUNCIL MEETING MINUTES
Advisory Council Center
646 County Square Drive, Suite 100
Ventura, CA 93003
November 14, 2018

Advisory Council Members Present
Dani Anderson (Focused Population) Antoinette Olson (Simi Valley COA)
David Birenbaum (Supervisory Appointee) Clark Owens (Oxnard COA)
Bill Cunneen (Supervisory Appointee) Glenn Rowe (Moorpark COA)
Deirdre Daily (Ojai COA) Martha Shapiro (Service Provider)
Smita Dandekar (Supervisory Appointee) Marcy Sherbok (Focused Population)
Jay Evans (Camarillo COA) Neill Spector (Simi Valley COA)
Sandra Fide (Moorpark COA) Sylvia Stein (Veterans)
Nick Fotheringham (Immediate Past Chair) Sue Tatangelo (Focused Population)
Karen Gorback (CSL) Alice Sweetland (Oxnard COA)
Rose Gossom (Supervisory Appointee) Robert Taylor (Camarillo COA)
Lori Harasta (Ventura COA) Mike Williams (Service Provider)
Martha Navarrete (SP COA)
Bill Nugent (Ojai COA)

Advisory Council Members Absent
Cleo Anderson (Focused Population) Suz Montgomery (Ventura CFS)
Tony Gitt (CSL) Joyce Pinkard (Supervisory Appointee)
Ron Hage (TO COA)

VCAAA Staff Present
Monique Nowlin VCAAA Guests
Marleen Canniff Tara Caruth
Gray Wilking Gordon Dilger
Jannette Jauregui Marisue Eastlake
Dina Ontiveras

1. Call to Order and Review of Agenda - The meeting was called to order at 9:05 a.m. by Chair
Toni Olson (Simi Valley COA).

2. Pledge of Allegiance – Toni Olsen led the Pledge of Allegiance. A quorum was present.

3. Approval of Area Agency on Aging Advisory Council Meeting Minutes - The minutes of
the September 12, 2018, meeting were approved with one modification to correct the spelling
of the word Recursos in 6.3. It is currently spelled Resursos. (Sherbok/Fide/Passed –
Anderson abstained). At this time Chair Olson asked that we have a moment of silence for the victims of the Borderline Shooting and the recent Fire.

4. Public Comments –

- Toni Olson provided information on an upcoming holiday event for the Ombudsman.
- Martha Navarrete spoke about upcoming holiday events for her organization, discussed her organization's support of the Family Caregiver Center La Buena Vida! Centro de Recursos para Cuidadores Familiares and shared some brief information about her board member structure.
- Karen Gorback stated on December 1st she and Tony Gitt were sworn in CSL in Sacramento. She stated they came up with the top 10 state priorities and 2 federal priorities and she is looking forward to coordinating with Victoria Jump on pushing through some of these legislative efforts. Karen also offered thanks to Dani Anderson for facilitating a recent contentious school board forum.
- Smita Dandekar spoke about her upcoming Yoga for Diabetes series.

5. Consent Agenda Items – The consent agenda containing the Health, Housing and Transportation Committee Report from September 12, 2018, the Optimal Aging Committee Reports from September 26 and October 24, 2018 and the Senior Nutrition Committee Report from September 17, 2018 was accepted. (Tatangelo/Evans/Passed).

6. Discussion Items/Presentation/Motion

6.1 Housing and Homelessness and Older Adults. Pursuant to the Advisory Council's request for more information on the County of Ventura's efforts in this regard, Tara Caruth, Program Manager, Ventura County Continuum of Care provided an in-depth snapshot of housing and homelessness among older adults in Ventura County. She provided statistics, dispelled some commonly discussed myths about the homeless population and provided the answers to what Ventura County is doing to address this population, which included discussing the high-level plan to help articulate best practices, available resources, challenges and strategies to help Ventura County effectively address homelessness among older adults.

6.2 Optimal Living Awards. Sylvia Taylor-Stein handed out the awards to the recipients of the Optimal Aging (OA) Awards. The recipients were as follows:
  - OA Champion: Gordon and Louise Dilger
  - OA Media: Andrea Gallagher
  - OA Advocacy and Leadership: Toni Olson
  - OA Innovation: Sue Tatangelo
  - Dementia Friendly Advocate: Dr. Erik Lande

6.3 VCAAA Committee Structure – Recommendation to Combine Senior Nutrition and Health Issues Committee into One Committee. Marleen Canniff provided an overview of the rationale for this committee restructure. (Tatangelo/Gossom/Passed)
6.4 **VCAAA Legislative Update and Approval of Legislative Platform for 2019.** Monique Nowlin provided an overview of the legislative changes which were not substantive and included verbiage change regarding older adults and adults with disabilities. Additionally, Monique shared the high-level proposal to reimagine the configuration of the California Department of Aging (CDA) to include adults with disabilities in an effort to be more responsive to the evolving needs of the seniors in our current landscape and to be more effective legislatively on behalf of the populations we serve. Monique further stated that as this proposal evolves, information will be passed on to the Advisory Council. Monique added that Victoria has been working on substantive changes with C4A for the betterment of all we serve.

6.5 **VCAAA Infographics** – Marleen Canniff provided an updated version of the Infographic with the changes the Advisory Council suggested at the meeting of September 12, 2018. The Advisory Council had additional feedback that Marleen will incorporate and bring back to the January 9, 2019 meeting. As the conversation segued to the VCAAA website, Monique Nowlin suggested staff agendize both the VCAAA Infographics discussion and add a demonstration of the VCAAA website and highlight where the statistics are located and other pertinent information to the public. At that time, staff can solicit feedback from Council members to ascertain if any changes are suggested.

6.6 **VCAAA Outreach – PIO Update** – Jannette Jauregui provided an overview of the outreach activities of the Agency, how VCAAA is now preparing marketing pieces to reach a broader audience; from the public to persons in Sacramento. In that regard, she stated that any feedback from the Advisory Council is appreciated. VCAAA wants to be mindful of the overall effectiveness of its communication pieces. Additionally, Jannette announced the arrival of the new LIVEWell guide and that it is now a dual language publication in English and Spanish. She stated the first delivery was last week and she has boxes available for distribution today. Again, Jannette stated VCAAA welcomes any feedback for next year’s LIVEWell guide. Lastly, Jannette showed a video she made of Camp Hope, an event put together by the District Attorney. This illustrates one of VCAAA’s many collaborations with other County Agencies.

7. **Advisory Council Meeting Schedule for FY 2018-2019.** The meeting schedule for FY 2018-2019 was included for informational purposes.

8. **Other Committee Meetings** – Marcy Sherbok provided an update on the VCAAA Foundation and discussed the Foundations efforts to collect gifts for those seniors in need. For those that are interested, see Marleen for additional details. Marcy also stated if Advisory Council
Members have other ideas for fundraising efforts, they should please consider attending Foundation meetings.

9. **Comments from the Chair** – Toni Olson wished everyone a nice Holiday and Happy New Year.

10. **California Commission on Aging Age Watch from September and November 2018** - Included for informational purposes.

11. **Other Business** – None

12. **Adjournment** – the meeting was adjourned at 11:16 a.m. (Rowe/Evans/Passed)
To: VCAAA Advisory Council Members  
From: Jay Evans, Committee Chair  
Date: January 9, 2019  
Subject: Housing, Transportation and Health Committee Report from November 14, 2018

Committee Members Present
Rose Gossom  
Sue Tatangelo  
Clark Owens  
David Birenbaum  
Toni Olson  
Jay Evans  
Karen Gorback  
Nick Fotheringham  
Martha A. Navarrete  
Bill Nugent  
Jason Sagar

Committee Members Absent
Bill Nugent  
Rose Gossom  
Lori Harasta  
Sandra Fide  
Tony Gitt

VCAAA Staff Present
Monique Nowlin  
Dina U. Ontiveras  
Jason Sagar  
Marleen Canniff

Guests
None

1. **Call to Order** – The meeting was called to order at 11:34 a.m. by the Chair, Jay Evans. A quorum was present.

2. **Public Comments** – none

3. **Door Through Door Transportation/ElderHelp Overview** – Pursuant to the Committee’s request, Jason provided an overview of the transportation process, the various transportation options and the vendors used for transportation at VCAAA. There was discussion about whether the Committee wanted to take on a deliverable of assisting with the development and promotion of the transportation program. Jay was concerned about the impact of conducting an outreach campaign considering the transportation funds are finite.

4. **Algorithm For Fall Risk Screening – STEADI Update** – Dina went over the STEADI Tool Kit and algorithm with the Committee and showed the Committee the draft that will be distributed to the pilot clinics in East County; Sierra Vista and Conejo. The Committee approved the draft with no additional input.

5. **Future Committee Goals** – Staff was directed to bring back some information on creating an Educational Event directed at Faith Based Organizations.
6. **Discussion of Addition and/or Removal of Senior Issues from Committee** – The Committee decided to move the Health component of the Committee to Senior Nutrition. The rationale being that Housing and Transportation are already voluminous topics and Health seemed more appropriately placed with Senior Nutrition.

7. **Adjournment** - The meeting was adjourned at 12:25 p.m.
<table>
<thead>
<tr>
<th>Advisory Council Member</th>
<th>Transportation &amp; Housing</th>
<th>Senior Nutrition &amp; Health Issues</th>
<th>Optimal Aging</th>
<th>Other</th>
</tr>
</thead>
<tbody>
<tr>
<td>Anderson, Cleo</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Anderson, Dani</td>
<td></td>
<td></td>
<td>A, C</td>
<td></td>
</tr>
<tr>
<td>Birenbaum, David</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cunneen, Bill</td>
<td></td>
<td></td>
<td>A, B, C</td>
<td></td>
</tr>
<tr>
<td>Daly, Deirdre</td>
<td></td>
<td></td>
<td>B, C</td>
<td></td>
</tr>
<tr>
<td>Dandekar, Smita</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Evans, Jay</td>
<td>✓</td>
<td></td>
<td>A, B</td>
<td></td>
</tr>
<tr>
<td>Fide, Sandra</td>
<td>✓</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fotheringham, Nick</td>
<td>✓</td>
<td></td>
<td>B</td>
<td></td>
</tr>
<tr>
<td>Gitt, Tony</td>
<td>✓</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Gorback, Karen</td>
<td></td>
<td>✓</td>
<td>A</td>
<td></td>
</tr>
<tr>
<td>Gossom, Rose</td>
<td>✓</td>
<td>✓</td>
<td>A</td>
<td></td>
</tr>
<tr>
<td>Harasta, Lori</td>
<td>✓</td>
<td>✓</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Montgomery, Suz</td>
<td>✓</td>
<td></td>
<td>A</td>
<td></td>
</tr>
<tr>
<td>Navarette, Martha</td>
<td>✓</td>
<td></td>
<td>A</td>
<td></td>
</tr>
<tr>
<td>Nugent, Bill</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Olson, Antoinette (&quot;Toni&quot;)</td>
<td>✓</td>
<td>✓</td>
<td>A, B</td>
<td></td>
</tr>
<tr>
<td>Owens, Clark</td>
<td>✓</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pinkard, Joyce</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rowe, Glenn</td>
<td></td>
<td></td>
<td>A</td>
<td></td>
</tr>
<tr>
<td>Shapiro, Martha</td>
<td>✓</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sherbok, Marcy</td>
<td>✓</td>
<td></td>
<td>A, B, D</td>
<td></td>
</tr>
<tr>
<td>Spector, Neill</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sweetland, Alice</td>
<td>✓</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tatangelo, Sue</td>
<td>✓</td>
<td></td>
<td>C</td>
<td></td>
</tr>
<tr>
<td>Taylor, Bob</td>
<td></td>
<td></td>
<td>A</td>
<td></td>
</tr>
<tr>
<td>Taylor Stein, Sylvia</td>
<td>✓</td>
<td></td>
<td>C</td>
<td></td>
</tr>
<tr>
<td>Williams, Mike</td>
<td></td>
<td></td>
<td>B, D</td>
<td></td>
</tr>
</tbody>
</table>

A – Member of the Planning and Allocation Committee
B – On the By-Laws Committee
C - Member of Dementia Friendly Ventura County
D – Member of the VCAAA Foundation
## Ventura County Area Agency on Aging
### Advisory Council Meeting Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Advisory Council</th>
<th>Transportation &amp; Housing</th>
<th>Senior Nutrition &amp; Health Issues</th>
<th>Optimal Aging</th>
</tr>
</thead>
<tbody>
<tr>
<td>January</td>
<td>January 9 9-11 am</td>
<td>January 9*</td>
<td>January 9*</td>
<td>January 23 2-3 pm</td>
</tr>
<tr>
<td>February</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>March</td>
<td>March 13 9-11 am</td>
<td>March 13*</td>
<td>March 13*</td>
<td>March 27 2-3 pm</td>
</tr>
<tr>
<td>April</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>May</td>
<td>May 8 9-11 am</td>
<td>May 8*</td>
<td>May 8*</td>
<td>May 22 2-3 pm</td>
</tr>
<tr>
<td>June</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*meets immediately following the Advisory Council meeting.

Reminder - A conference call dial in is available for all committee meetings:
Dial in Number: (515) 739-1479, Access Code: 729620